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Buying a pressure cooker is an investment in both money and time that will quickly be repaid in health and savings. Pressure cookers have changed quite a bit in the last few years so there are much more options to consider. Here's our guide to help you choose the right pressure cooker for your ...Welcome to Casual Gourmet at the Culinary Institute of Virginia! Casual Gourmet cooking courses are the home chefs' answer to taking their culinary repertoire to the next level!. The recipe for our cooking classes is simple: combine an industry-seasoned Chef Instructor with a small group of foodies who are ready to learn to cook in a professional teaching kitchen loaded with ingredients. Answers.com is the place to go to get the answers you need and to ask the questions you want About Aimee. Cooking has always been Aimée's preferred recreational activity, creative outlet, and source of relaxation. After nearly ten years in the professional cooking industry, she went from restaurant to RSS by trading her tongs and clogs for cookie cutters and a laptop, serving as editor here at Simple Bites. Her first book, Brown Eggs and Jam Jars - Family Recipes from the Kitchen of ...