

# Download Army Prt Schedule Example

TOUGHENING PHASE PRT SCHEDULE. The toughening phase PRT schedule is used in BCT and OSUT (R/W/B phases). The BOLC A leaders can use this schedule as a guide for developing PRT in their course program of instruction (POI). OSUT. Physical readiness training in OSUT consists of a combination of toughening and sustaining phase exercises, drills, and activities. Commanders and PRT leaders should follow the toughening phase PRT schedule during the R/W/B phases of OSUT. Chapter 3. Leadership “The American Soldier...demands professional competence in his leaders in battle; he wants. to know that the job is going to be done right, with no unnecessary casualties. Pocket Physical Training Guide This publication contains the following information: Introduction Getting Started Safety Considerations Injury Control