

Download The Dr Gourmet Diet Plan For Coumadin Users

Yes, you can eat vegetables while taking Coumadin (warfarin)! This cookbook for Coumadin users includes 88 vegetable side dish and main course recipes – all delicious, healthy, and safe for those who need to manage their Vitamin K intake. Paperback: \$19.95 » | eBook (PDF): \$14.95 ». Most importantly, it contains a complete six-week plan of The Dr. Gourmet Diet for Coumadin Users. Now you'll know what to eat while on Coumadin! Now you'll know what to eat while on Coumadin! Available in print format for \$19.95 + s/h or eBook format for \$14.95. The Dr. Gourmet Diet for Coumadin Users is the Coumadin Diet you've been looking for: Complete Nutrition Facts, including Vitamin K content for each recipe. If you are a registered user of the Dr. Gourmet Bookstore you can return to the store and download your document again within one week of your purchase. The Dr. Gourmet Diet for Coumadin Users is the Coumadin Diet you've been looking for: 6 weeks of complete meal plans. 6 weeks of shopping lists, making grocery shopping quick and easy. 95+ delicious Coumadin safe recipes. Information about managing your diet on Coumadin. Ingredient and cooking tips throughout the book.